



15 November 2021

Dear Parent/Carer

### **MEASURING HEIGHT AND WEIGHT OF CHILDREN IN YEAR 6**

Children are weighed and measured by health professionals when they are born and in the early years of their lives. Many children also have a school entry health check which includes height and weight measurement.

Public Health Dorset for this area has approached me to ask that children in Year 6 have their height and weight measured. A copy of their explanatory letter and leaflet is being sent home today. If you do not want your child to participate in this check please can you put this in writing and return to school by **Friday 10 December 2021**. Please do not send emails in this instance. All the weighing and measuring will be carried out by trained staff from the NHS Primary Care Trust and the information will be used by the PCT to help it decide what kind of services should be offered to children and families in this area. This could include supporting our work in helping our pupils follow a healthy lifestyle, including healthy eating, exercise and their emotional well-being.

The PCT would like to weigh and measure all children in Year 6. The Governors and I have agreed that this will happen on **Tuesday 25 January 2022**.

The school hope that all children can be weighed and measured. The PCT will be extremely careful to handle this process with sensitivity: for example, it will not be necessary for children to undress and they will not be weighed and measured in front of their class mates. All information will be treated with confidentiality.

However, if a child is absent from school on the appointed day, or if you return Form 1 on the attached reply slip to the PCT letter to the school to say that you do not wish your child to be weighed and measured, the PCT will not weigh or measure your child.

Yours sincerely

E S BISSELL (MRS)  
Headteacher

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